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# Predictors and outcomes of acute respiratory failure in hospitalised patients with acute pancreatitis.

Mahesh Gajendran

**Bharat Prakash** 

Abhilash Perisetti MD The University of Arkansas for Medical Sciences, abhilash.perisetti@gmail.com

Chandraprakash Umapathy

Vineet Gupta

See next page for additional authors

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# Authors

Mahesh Gajendran, Bharat Prakash, Abhilash Perisetti MD, Chandraprakash Umapathy, Vineet Gupta, Laura Collins, Prashanth Rawla, Priyadarshini Loganathan, Alok Dwivedi, Christopher Dodoo, Fortune Unegbu, Dan Schuller, Hemant Goyal, and Shreyas Saligram

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# **Original research**

# Predictors and outcomes of acute respiratory failure in hospitalised patients with acute pancreatitis

Mahesh Gajendran <sup>(i)</sup>, <sup>1</sup> Bharat Prakash, <sup>2</sup> Abhilash Perisetti <sup>(i)</sup>, <sup>3</sup> Chandraprakash Umapathy, <sup>4</sup> Vineet Gupta, <sup>5</sup> Laura Collins, <sup>1</sup> Prashanth Rawla <sup>(i)</sup>, <sup>6</sup> Priyadarshini Loganathan, <sup>1</sup> Alok Dwivedi, <sup>7</sup> Christopher Dodoo, <sup>7</sup> Fortune Unegbu, <sup>8</sup> Dan Schuller, <sup>2</sup> Hemant Goyal <sup>(i)</sup>, <sup>9,10</sup> Shreyas Saligram<sup>4</sup>

# ABSTRACT

(AP) is associated with organ failures and systemic complications, most commonly acute respiratory failure (ARF) and acute kidney injury. So far, no studies have analysed the predictors and hospitalisation outcomes, of patients with AP who developed ARF. The aim of this study was to measure the prevalence of ARF in AP and to determine the clinical predictors for ARF and mortality in AP. Methods This is a retrospective cohort study using the Nationwide Inpatient Sample database from the year 2005–2014. The study population consisted of all hospitalisations with a primary or secondary discharge diagnosis of AP, which is further stratified based on the presence of ARF. The outcome measures include in-hospital mortality, hospital length of stay and hospitalisation cost. **Results** In our study, about 5.4% of patients with AP had a codiagnosis of ARF, with a mortality rate of 26.5%. The significant predictors for ARF include sepsis, pleural effusion, pneumonia and cardiogenic shock. Key variables that were associated with a higher risk of mortality include mechanical ventilation, age more than 65 years, sepsis and cancer (excluding pancreatic cancer). The presence of ARF increased hospital stay by 8.3 days and hospitalisation charges by US\$103460.

Background and aim Acute pancreatitis

**Conclusion** In this study, we demonstrate that ARF is a significant risk factor for increased hospital mortality, greater length of stay and higher hospitalisation charges in patients with AP. This underlines significantly higher resource utilisation in patients with a dual diagnosis of AP-ARF.

# Significance of this study

# What is already known on this topic

Acute pancreatitis is associated with organ failures and systemic complications, most commonly acute respiratory failure and acute kidney injury. Population-based data on the effect of acute respiratory failure in acute pancreatitis are limited in terms of predictors and outcomes.

#### What this study adds

We found that in a nationwide study, 5.4% of patients hospitalised with acute pancreatitis had acute respiratory failure, with a mortality rate of 26.5%. The presence of acute respiratory failure increased hospital stay by 8.3 days and hospitalisation charges by US\$103 460. The significant predictors for acute respiratory failure include sepsis, pleural effusion, pneumonia and cardiogenic shock. Key variables that were associated with a higher risk of mortality include mechanical ventilation, age more than 65 years, sepsis and cancer (excluding pancreatic cancer).

# How might it impact on clinical practice in the foreseeable future

Concurrent acute respiratory failure in hospitalised patients with acute pancreatitis occurs at a perceptible prevalence with noticeable complications. This subgroup seems to have an overall poor prognosis and a more protracted clinical course compared with patients with acute pancreatitis with other organ failures. These results can be useful in allocating healthcare resources and counselling patients. Also, future scoring systems should consider giving more weightage for acute respiratory failure.

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For numbered affiliations see end of article.

#### Correspondence to

Dr Mahesh Gajendran, TTUHSC El Paso Foster School of Medicine, El Paso, TX 79905, USA; mahesh.gajendran@ttuhsc. edu

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# INTRODUCTION

Acute pancreatitis (AP) is one of the most common causes of gastrointestinal hospitalisation, with more than 200000 hospitalisations a year in the USA, with an estimated expenditure of US\$2.6 billion every year.<sup>1</sup> The incidence of AP has been shown to be increasing over the years, with a decrease in the mortality rates.<sup>2</sup> Based on the 1992 Atlanta classification, AP was classified into mild AP and severe AP. The 2012 revised Atlanta classification reclassified AP into mild acute, moderately severe and severe AP. Mild AP is selflimited without organ failure (OF) or complications; moderately severe AP can present with transient OF or complications that persist less than 48 hours and severe AP manifest with persistent OF that persists more than 48 hours.<sup>4 5</sup> Approximately 70%–80% of AP would take a mild course, and 15%-25% would have a severe course that usually occurs within the first 4 days.<sup>67</sup>

AP has been associated with OFs and systemic complications, most commonly acute respiratory failure (ARF), and acute kidney injury.<sup>8</sup> Previous studies have revealed AP as a significant risk factor for ARF.<sup>9-12</sup> Severe AP predisposes to ARF, and ARF, in turn, adversely influences clinical outcome in AP.<sup>11 12</sup> Two principal forms of ARF are acute lung injury (ALI) and acute respiratory distress syndrome (ARDS), which are responsible for high mortality rates in severe AP.<sup>13</sup> ARDS is considered as the most severe form of ALI, and they can be distinguished based on arterial oxygen pressure and inspired oxygen concentration ratio (PaO<sub>2</sub>/FiO<sub>2</sub>).<sup>14</sup> The overall mortality rate due to ARDS and ALI is between 30% and 40% from all causes.<sup>14</sup> ARDS is characterised by diffuse alveolar damage, lung capillary endothelial injury and diffuse pulmonary oedema that impairs gas exchange.<sup>15</sup>

Population-based data on the effect of ARF in AP are limited. Previous studies are derived from singletertiary care referral centres, which do not represent the community setting of all patients with AP but represent a 'sicker' group of patients.<sup>16</sup> Lastly, no studies have analysed the predictors and hospitalisation outcomes of patients with AP who developed ARF. The aims of this study are: (1) to measure the prevalence of ARF in AP (2) to determine the clinical predictors for ARF in patients with AP (3) to determine the clinical predictors for in-hospital mortality in patients with AP-ARF and (4) to measure the outcome comparisons such as in-hospital mortality, length of stay (LOS) and hospital charges for patients with and without ARF. Currently, there are no studies that have focused on these inquiries.

# METHODS

This is a retrospective cohort study using the Nationwide Inpatient Sample (NIS) database from the year 2005 to 2014. The NIS database consists of a 20% stratified sample of all discharges from the participating hospitals with data on more than 8 million discharges per year. Each discharge is treated as a unique entry and is coded with one primary discharge diagnosis and up to 25 secondary diagnoses as well as 15 associated procedures coded using the International Classification of Diseases, Clinical Modification, ninth edition (ICD-9-CM Codes). The NIS is maintained as part of the Healthcare Cost and Utilization Project of the Agency for Healthcare Research and Quality (AHRQ).<sup>17</sup>

The study population consists of all hospitalisations of adult patients (>18 years) with a primary or secondary discharge diagnosis of AP queried using the ICD-9-CM code 577.0 which has been validated in various studies<sup>18–21</sup> (online supplementary table 1). Patients with ARF were identified using ICD-9 CM codes 518.5, 518.81 or 518.82, which has been validated in previous studies.<sup>22-28</sup> Patients with chronic pancreatitis, pancreatic cancer and missing mortality data were excluded. Our primary population of interest was patients with AP with ARF (AP-ARF group), whereas the patients with AP with no organ failure (AP-NOF) and patients with AP with other organ failure (AP-OOF) formed the control groups. AP-OOF is defined by the presence of acute renal failure or acute cardiac failure or both. The primary outcome is hospital mortality, and the secondary outcomes are hospital LOS and hospitalisation cost. Subgroup analysis was performed for patients with ARF as the primary diagnosis and in patients with multiorgan failure (MOF, defined by  $\geq 2$  OF).

Patients with AP with OF were classified into isolated ARF, renal failure, cardiovascular failure or MOF. We could only determine whether the patient had any OF or not, and how many OFs the patient had based on the ICD coding. However, it is not possible to determine whether the OF is transient or persistent due to the lack of this information in the dataset. This makes it difficult for us to determine whether the patient had moderately severe or severe AP. Comorbidity risk adjustment was performed using the AHRQ comorbidity measures based on the methods by Elixhauser et al.<sup>29</sup> We could not assess Ranson's criteria, Acute Physiology and Chronic Health Evaluation (APACHE)-II or Bedside Index for Severity in Acute Pancreatitis (BISAP) score due to the unavailability of the laboratory data. The information on race was missing in 14% of the patients and was treated as a separate category.

Descriptive summary statistics are presented as means with SD for continuous variables, and frequencies with percentages for categorical variables. Categorical and continuous variables were compared using  $\chi^2$  tests and t-tests, respectively. Multivariable logistic regression analysis was used to predict the risk factors for ARF and mortality. The clinically relevant variables with p<0.05 from univariate analysis were included in the multivariable analysis. The results in the regression models were represented by an OR and 95% CI. Data analysis was performed using IBM SPSS software V.24 (SPSS).



Figure 1 Study flow chart. NIS, Nationwide Inpatient Sample.

# RESULTS

From 2005 to 2014, there were 750531 hospitalisations for AP and 40594 hospitalisations for AP-ARF (figure 1). The prevalence of ARF in AP was 5.4% in our study population, with a mortality rate of 26.5%. From 2005 to 2014, the prevalence of both AP hospitalisations and AP-ARF has increased, with a decrease in the mortality rates (figure 2, online supplementary table 2). The demographic characteristics of the AP-ARF group, compared with two control groups, AP-NOF and AP-OOF, have been outlined in table 1. One of the most striking findings of this study is the higher prevalence of sepsis in the AP-ARF group when compared with AP-OOF and AP-NOF (50.7% vs 16.6% vs 3.2%, p<0.001). A significant proportion of patients with AP-ARF also had coexisting OFs, with 12.6% of patients having isolated OF and 4.2% of the patients having MOF (table 2). Among the patients with isolated OF, the most common was an acute renal failure (9%) followed by ARF (2.1%) and acute cardiac failure (1.5%).

The in-hospital mortality occurred in 26.5%, 5.3% and 0.5% of AP-ARF, AP-OOF and AP-NOF, respectively. The mean LOS for patients in AP-ARF was significantly higher than the patients in the control groups, AP-OOF and AP-NOF (19.2 days vs 8.8 days vs 4.9 days p < 0.001). After adjusting for age, gender, hospital characteristics, AP aetiology comorbidity burden and hospital complications, AP-ARF groups had an adjusted LOS increased by 8.3 days as opposed to those without ARF (8.3 days, 95% CI 8.2 to 8.4, p < 0.001). Similarly, the hospital charges were significantly higher in the AP-ARF group when compared with the control groups, AP-OOF and AP-NOF (US\$197077 vs US\$66741 vs US\$31 605, p < 0.001). After adjusting with the above-mentioned variables, ARF in AP was associated with an additional cost of nearly US\$100000 (103 460; 95% CI 103 085 to 103836, p<0.001).

Predictors of ARF in AP and predictors of mortality in AP-ARF are outlined in tables 3 and 4, respectively. Sepsis is the strongest predictor for developing ARF (OR 15, 95%CI 14.7 to 15.4), followed by pleural effusion (OR 4, 95% CI 3.9 to 4.2), pneumonia (OR 3.8, 95% CI 3.5 to 4.2), cardiogenic shock (OR 3.2, 95% CI 3.1 to 3.4) and alcohol aetiology (OR 2.3, 95% CI 2.2 to 2.4). The most important predictors of mortality in AP-ARF were mechanical ventilation (OR 14.2, 95% CI 13.6 to 14.8), age >65 (OR 5.0, 95% CI 4.6 to 5.4), sepsis (OR 5.1, 95% CI 4.9 to 5.3), cancer (OR 2.8, 95% CI 2.6 to 2.9), cardiogenic shock (OR 2.5, 95% CI 2.3 to 2.6) and alcohol aetiology (OR 2.2, 95% CI 2.1 to 2.4). The patients with pancreatic pseudocyst, smoking, obesity and diabetes mellitus had a lower risk of mortality in AP-ARF.

About 0.3% of the study population patients were admitted with a primary diagnosis of ARF (online supplementary table 3). This subgroup had ARDS in 72.8% of the patients, which is much higher than the rate of ARDS in the overall group (55.5%) and had sepsis in 26% of the patients, which is much lower than the overall sepsis rate of 50.7% in the AP-ARF group. Also, they had a mortality rate of 24.2%, which is lower than the overall mortality rate of 26.5 in the AP-ARF group. Patients with MOF had higher mortality rates than those with one OF or no OF (28% vs 6.5% vs 0.4%, p<0.001).

# DISCUSSION

In this study, we demonstrate that about 5% of all hospitalisations for AP were complicated by ARF. We identified that ARF is a significant risk factor for increased hospital mortality, LOS, mechanical ventilation and hospitalisation charges in patients with AP. This subgroup of patients with AP with ARF seems to have an overall poor prognosis when compared with the patients with other OFs and those without any OF. This study also confirms the increasing annual prevalence of total AP hospitalisations as well as the AP-ARF hospitalisations.

In our study, the hospitalisation rates of ARF in AP increased by 1% over the 10-year period, and



**Figure 2** Trends in acute respiratory failure (ARF) and acute pancreatitis (AP). Red: AP mortality; blue: AP-ARF incidence; green: AP-ARF mortality.

AP-ARF         AP-ARF         AP-OF         AP-ARF         AP-OF           Inde21617         n=40594         n=85320           Factor         N(%)         N(%)         N(%)         Palae           Age (seas), mean (5D)         522 (18.14)         5945 (17.22)         61.57 (17.27)         <0.001           Length of stay, mean (5D)         4.95 (5.31)         19.92 (20.06)         8.87 (10.92)         <0.001           Gender: Iemale*         3251 (51.8%)         17561 (43.2)         30764 (46.6)         <0.001           Gender: Iemale*         3736 50         173690 (27.2)         1242 (30.6)         6871 (31.22.90.0)         <0.001           Se5         160659 (27.2)         1242 (30.6)         6371 (81.22.0)         <0.001           Se5         160659 (27.2)         1242 (30.6)         25774 (30.2)         <0.001           Se6         160659 (27.2)         1243 (26.1)         2014 (30.0)         <0.001           Back         78138 (12.5)         1798 (42.6)         40001         <0.001           Mache         78138 (12.5)         4768 (11.78)         1431 (51.6)         <0.001           Nate         78138 (12.5)         4768 (11.78)         1431 (51.6)         <0.001           Macha         78138	Table 1         Demographic of the patients with acute pancreatitis					
N         n=624 617         n=40594         n=85320           Factor         N (%)         N (%)         N (%)         P value           Factor         N (%)         N (%)         N (%)         P value           Age (pars), mean (SD)         52.22 (18 1.4)         59.45 (17.22)         61.57 (17.27)         c>0.001           Contart family, mean (SD)         31.655 (143.509.2)         197077.128 188.2)         66741.3 (122.90.2)         0.001           Gender, female*         32.511 (51.5%)         17.56 (16.3.2)         39764 (46.5)         <0.001           Age cat		AP-NOF	AP-ARF	AP-OOF		
Factor         N (%)         N (%)         N (%)         P value           Age (vars), mean (SD)         52.82 (18.14)         59.45 (17.22)         61.57 (17.27)         <0.001	N	n= <b>624617</b>	n= 40594	n= <b>85 320</b>		
Age (pers), mean (5D)         52.2 (18.14)         59.4 (17.22)         61.57 (17.27)         <0.001           Length for star, mean (5D)         4.95 (5.31)         19.25 (20.06)         8.87 (10.99)         <0.001	Factor	N (%)	N (%)	N (%)	P value	
Length of stay, mean (SD)         4 95 (5.31)         19.25 (20.66)         8.87 (10.99)         <0.001	Age (years), mean (SD)	52.82 (18.14)	59.45 (17.22)	61.57 (17.27)	< 0.001	
Total charges, mean (SD)         31 605, 1 (43 509.2)         197077, 1 (228 188.2)         66 741, 3 (122 930.2)         <0.001           Ger dat         17561 (43.2)         39 764 (46.5)         <0.001	Length of stay, mean (SD)	4.95 (5.31)	19.25 (20.06)	8.87 (10.99)	<0.001	
Gender: female*         323511 (\$1.8%)         17561 (43.2)         39764 (46.6)         <0.001           Age cat	Total charges, mean (SD)	31605.1 (43 509.2)	197 077.1 (238 188.2)	66741.3 (122 930.2)	< 0.001	
Age cat         IB=35         120 39 (19.3)         4066 (10)         6831 (8)         <0.001           36-50         173660 (27.8)         8327 (20.5)         155966 (18.7)         <0.001	Gender: female*	323 511 (51.8%)	17 561 (43.2)	39764 (46.6)	<0.001	
18-35         120 593 (19.3)         4066 (10)         683 (8)         <0.001	Age cat					
38-50         173660 (27.8)         8227 (20.5)         15966 (18.7)         <0.001	18–35	120 593 (19.3)	4066 (10)	6831 (8)	<0.001	
51-65         169689 (27.2)         12.423 (30.6)†         25.774 (30.2)†         -0.001           >65         160675 (25.7)         15.778 (38.9)         36.749 (43.1)         -0.001           Race	36–50	173 660 (27.8)	8327 (20.5)	15966 (18.7)	< 0.001	
>65         160675 (25.7)         15 778 (38.9)         36 749 (43.1)         <0.001           Weeken admission         159563 (25.5)         10 593 (26.1)         21 435 (25.1)         0.001           Race          346 222 (55.4)†         23 881 (58.84)         47 357 (55.5)†         <0.001	51–65	169689 (27.2)	12 423 (30.6)†	25774 (30.2)†	< 0.001	
Weekend admission         159 563 (25.5)         10 593 (26.1)         21 435 (25.1)         0.001           Race         White         346 222 (55.4)1         23 881 (58.84)         47 357 (55.5)1         <0.001	>65	160675 (25.7)	15 778 (38.9)	36749 (43.1)	< 0.001	
Race           White         364 222 (255,4);         23 881 (58,4);         47 357 (55,5);         <0.001           Black         78 128 (12,5);         4768 (11,78);         14 315 (16,8);         <0.001           Aisan or pacific islander         11 820 (1.9);         1046 (2,5);         2020 (2,4);         <0.001           Native American         4623 (0,7);         262 (0,6);         558 (0,7);         0.65           Other         16 299 (2,6);         1225 (3,1);         2054 (2,4);         <0.001           Missing         91 392 (2,6);         5639 (13,9);         10871 (12,7);         <0.001           Moderate (S0-99);         167 098 (26,9);         9670 (24);         21 958 (25,9);         <0.001           Moderate (S0-99);         167 098 (26,9);         9670 (24);         21 958 (25,9);         <0.001           Large (>100);         285 25 (15,7);         208 (26,6);         971 (7,3);         9324 (10,9);         <0.001           Urban, non-teaching         281 246 (45);         16 976 (41,8);         36 615 (42,9);         <0.001           Urban, non-teaching         281 246 (45);         16 976 (41,8);         36 98 99 (45,6);         <0.001           Urban, non-teaching         281 246 (45);         16 976 (41,8);         36 615 (42,9);	Weekend admission	159 563 (25.5)	10 593 (26.1)	21 435 (25.1)	0.001	
White         346 222 (55.4)†         23 881 (58.84)         47 357 (55.5)†         <0.001           Black         78 128 (12.5)         4768 (11.78)         143 15 (16.8)         <0.001	Race					
Black         78 128 (12.5)         4768 (11.78)         14 315 (16.8)         <0.001           Hispanic         76 133 (12.2)         3773 (9.3)1         8145 (9.5)1         <0.001	White	346 222 (55.4)†	23 881 (58.84)	47 357 (55.5)†	< 0.001	
Hispanic         76 133 (12.2)         3773 (9.3)†         8145 (9.5)†         <0.001           Asian or pacific islander         11820 (1.9)         1046 (2.5)†         2020 (2.4)†         <0.001	Black	78 128 (12.5)	4768 (11.78)	14315 (16.8)	< 0.001	
Asian or pacific islander         11820 (1.9)         1046 (2.5)†         2020 (2.4)†         <0.001           Native American         4623 (0.7)         262 (0.6)         558 (0.7)         0.65           Other         16299 (2.6)         1225 (3.1)         2054 (2.4)         <0.001	Hispanic	76 133 (12.2)	3773 (9.3)†	8145 (9.5)†	< 0.001	
Native American         4623 (0.7)         262 (0.6)         558 (0.7)         0.65           Other         16 299 (2.6)         1225 (3.1)         2054 (2.4)         <0.001	Asian or pacific islander	11820 (1.9)	1046 (2.5)†	2020 (2.4)†	< 0.001	
Other         16 299 (2.6)         1225 (3.1)         2054 (2.4)         <0.001           Missing         91 392 (2.6)         5639 (13.9)         10871 (12.7)         <0.001	Native American	4623 (0.7)	262 (0.6)	558 (0.7)	0.65	
Missing         91392 (2.6)         5639 (13.9)         10871 (12.7)         <0.001           Hospital bed size*	Other	16 299 (2.6)	1225 (3.1)	2054 (2.4)	< 0.001	
Hospital bed size*       Small (1-49)       98 735 (15.9)       4605 (11.4)       11 170 (13.2)       <0.001	Missing	91 392 (2.6)	5639 (13.9)	10871 (12.7)	< 0.001	
Small (1-49)         98735 (15.9)         4605 (11.4)         11 170 (13.2)         <0.001           Moderate (50-99)         167098 (26.9)         9670 (24)         21958 (25.9)         <0.001	Hospital bed size*					
Moderate (50–99)         167098 (26.9)         9670 (24)         21958 (25.9)         <0.011           Large (>100)         356051 (57.3)         26083 (64.6)         51720 (61)         <0.011	Small (1–49)	98 735 (15.9)	4605 (11.4)	11 170 (13.2)	< 0.001	
Large (>100)         356 051 (57.3)         26 083 (64.6)         51 720 (61)         <0.001           Teaching status         Rural         93 636 (15)         2971 (7.3)         9324 (10.9)         <0.001	Moderate (50–99)	167 098 (26.9)	9670 (24)	21 958 (25.9)	< 0.001	
Teaching status           Rural         93 636 (15)         2971 (7.3)         9324 (10.9)         <0.001	Large (>100)	356051 (57.3)	26 083 (64.6)	51720 (61)	< 0.001	
Rural         93 636 (15)         2971 (7.3)         9324 (10.9)         <0.001           Urban, non-teaching         281 246(45)         16 976 (41.8)         36 615 (42.9)         <0.001	Teaching status					
Urban, non-teaching         281 246(45)         16 976 (41.8)         36 615 (42.9)         <0.001           Urban, teaching         247 002 (39.5)         20 411 (50.58)         38 909 (45.6)         <0.001	Rural	93 636 (15)	2971 (7.3)	9324 (10.9)	< 0.001	
Urban, teaching         247002 (39.5)         20411 (50.58)         38 909 (45.6)         <0.001           Payer*         Medicare         203 981 (32.7)         18 755 (46.3)         43 317 (50.9)         <0.001	Urban, non-teaching	281 246(45)	16 976 (41.8)	36615 (42.9)	< 0.001	
Payer*           Medicare         203 981 (32.7)         18 755 (46.3)         43 317 (50.9)         <0.001	Urban, teaching	247 002 (39.5)	20 411 (50.58)	38 909 (45.6)	<0.001	
Medicare         203 981 (32.7)         18 755 (46.3)         43 317 (50.9)         <0.001           Medicaid         97 325 (15.6)         6027 (14.9)         11 351 (13.3)         <0.001	Payer*					
Medicaid         97 325 (15.6)         6027 (14.9)         11 351 (13.3)         <0.001           Private         211 485 (33.9)         10 870 (26.8)         20 396 (24)         <0.001	Medicare	203 981 (32.7)	18 755 (46.3)	43317 (50.9)	<0.001	
Private         211 485 (33.9)         10 870 (26.8)         20 396 (24)         <0.001           Uninsured/other         110 202 (17.7)         4868 (12)         10 082 (11.8)         <0.001	Medicaid	97 325 (15.6)	6027 (14.9)	11351 (13.3)	< 0.001	
Uninsured/other110 202 (17.7)4868 (12)10 082 (11.8)<0.001DispositionRoutine516 750 (82.7)10 559 (26)49 530 (58.1)<0.001	Private	211 485 (33.9)	10870 (26.8)	20396 (24)	<0.001	
Disposition           Routine         516 750 (82.7)         10 559 (26)         49 530 (58.1)         <0.001	Uninsured/other	110 202 (17.7)	4868 (12)	10082 (11.8)	< 0.001	
Routine516 750 (82.7)10 559 (26)49 530 (58.1)<0.001Short-term hospital17 030 (2.7)2899 (7.16)4062 (4.8)<0.001	Disposition					
Short-term hospital17 030 (2.7)2899 (7.16)4062 (4.8)<0.001Facility (SNF, ICF)36 275 (5.8)11 534 (28.4)15 086 (17.7)<0.001	Routine	516750 (82.7)	10 559 (26)	49530 (58.1)	< 0.001	
Facility (SNF, ICF)36 275 (5.8)11 534 (28.4)15 086 (17.7)<0.001Home healthcare33 121 (5.3)4446 (11)10 590 (12.4)<0.001	Short-term hospital	17 030 (2.7)	2899 (7.16)	4062 (4.8)	< 0.001	
Home healthcare33 121 (5.3)4446 (11)10 590 (12.4)<0.001Against medical advice17 966 (2.9)324 (0.8)1465 (1.7)<0.001	Facility (SNF, ICF)	36 275 (5.8)	11 534 (28.4)	15086 (17.7)	< 0.001	
Against medical advice         17 966 (2.9)         324 (0.8)         1465 (1.7)         <0.001           Died         3326 (0.5)         10 764 (26.5)         4518 (5.3)         <0.001	Home healthcare	33 121 (5.3)	4446 (11)	10 590 (12.4)	< 0.001	
Died         3326 (0.5)         10 764 (26.5)         4518 (5.3)         <0.001           Other         149 (0)         68 (0.2)         69 (0.1)         <0.001	Against medical advice	17 966 (2.9)	324 (0.8)	1465 (1.7)	< 0.001	
Other         149 (0)         68 (0.2)         69 (0.1)         <0.001           AHRQ—Elixhauser Comorbidity Index: >3††         237 992 (38.1)         28 106 (69.2)         61 034 (71.5)         <0.001	Died	3326 (0.5)	10 764 (26.5)	4518 (5.3)	< 0.001	
AHRQ—Elixhauser Comorbidity Index: >311       237 992 (38.1)       28 106 (69.2)       61 034 (71.5)       <0.001	Other	149 (0)	68 (0.2)	69 (0.1)	< 0.001	
Pancreatitis aetiology         Alcohol       122 972 (19.7)       8267 (20.4)       14 560 (17.1)       <0.001         Biliary       169 801 (27.2)       7272 (17.9)       16 877 (19.8)       <0.001	AHRQ—Elixhauser Comorbidity Index: >3 <sup>++</sup>	237 992 (38.1)	28 106 (69.2)	61034 (71.5)	< 0.001	
Alcohol       122 972 (19.7)       8267 (20.4)       14 560 (17.1)       <0.001         Biliary       169 801 (27.2)       7272 (17.9)       16 877 (19.8)       <0.001	Pancreatitis aetiology					
Biliary         169 801 (27.2)         7272 (17.9)         16 877 (19.8)         <0.001           Both alcohol and biliary         10 240 (1.6)†         661 (1.6)†         1362 (1.6)†         0.95           Missing/unknown         321 603 (51.5)         24 394 (60.1)         52 521 (61.6)         <0.001	Alcohol	122972 (19.7)	8267 (20.4)	14 560 (17.1)	< 0.001	
Both alcohol and biliary         10 240 (1.6)†         661 (1.6)†         1362 (1.6)†         0.95           Missing/unknown         321 603 (51.5)         24 394 (60.1)         52 521 (61.6)         <0.001	Biliary	169801 (27.2)	7272 (17.9)	16877 (19.8)	< 0.001	
Missing/unknown         321 603 (51.5)         24 394 (60.1)         52 521 (61.6)         <0.001	Both alcohol and biliary	10240 (1.6)†	661 (1.6)†	1362 (1.6)†	0.95	
	Missing/unknown	321603 (51.5)	24 394 (60.1)	52 521 (61.6)	< 0.001	
Pancreatic pseudocyst 2307/ (3.7) 3117 (7.7) 3404 (4) <0.001	Pancreatic pseudocyst	23077 (3.7)	3117 (7.7)	3404 (4)	< 0.001	
Pneumonia         1844 (0.3)         1004 (2.5)         583 (0.7)         <0.001	Pneumonia	1844 (0.3)	1004 (2.5)	583 (0.7)	< 0.001	
Pleural effusion         14 609 (2.3)         6537 (16.1)         4738 (5.6)         <0.001	Pleural effusion	14609 (2.3)	6537 (16.1)	4738 (5.6)	< 0.001	
Acute respiratory distress syndrome         0 (0)         22 513 (55.5)         0 (0)         <0.001	Acute respiratory distress syndrome	0 (0)	22 513 (55.5)	0 (0)	< 0.001	
Sepsis         19764 (3.2)         20 584 (50.7)         14 173 (16.6)         <0.001	Sepsis	19764 (3.2)	20 584 (50.7)	14 173 (16.6)	< 0.001	

Continued

#### Table 1 Continued

	AP-NOF	AP-ARF	AP-OOF	
Ν	n= <b>624617</b>	n= 40594	n= <b>85 320</b>	
Factor	N (%)	N (%)	N (%)	P value
Acute renal failure	0 (0)	22 937 (56.5)	73 881 (86.6)	<0.001
Cardiogenic shock	0 (0)	4859 (12)	18037 (21.1)	<0.001
Haematological dysfunction	27 357 (4.4)	7909 (19.5)	9630 (11.3)	< 0.001
Metabolic dysfunction	1643 (0.3)†	69 (0.2)	213 (0.2)†	0.001
Hepatic dysfunction/acute liver failure	12086 (1.9)	5651 (13.9)	4830 (5.7)	< 0.001
Smoking	136 250 (21.8)	4952 (12.2)	12 469 (14.6)	<0.001
Obesity	69312 (11.1)†	4972 (12.2)	9662 (11.3)†	< 0.001
Congestive heart failure	29578 (4.7)	7608 (18.7)	12059 (24.5)	<0.001
Chronic pulmonary disease	84760 (13.6)	8746 (21.5)	14346 (16.8)	< 0.001
Diabetes mellitus	142 173 (22.8)	10 519 (25.9)	27 946 (32.8)	<0.001
Chronic renal failure	36723 (5.9)	7319 (18.0)	22844 (26.8)	< 0.001
Chronic liver disease	57 242 (9.2)	4647 (11.4)	8928 (10.5)	<0.001
Cancer	12 756 (2)	1484 (3.7)†	3259 (3.8)†	< 0.001
Drug abuse	30 499 (4.9)	2114 (5.2)	3918 (4.6)	0.0025
Died	3326 (0.5)	10 764 (26.5)	4518 (5.3)	< 0.001
Mechanical ventilation	2892 (0.5)	26 813 (66.1)	3494 (4.1)	< 0.001

The superscript † in the table between two cells denotes that those two values were not statistically significant. The p value stated would be for the other values in that row.

\*Missing variables (gender—0.1%; hospital bed—0.5%; primary payer—0.2%).

t†The 29 Agency for Healthcare Research and Quality (AHRQ) comorbidity measures except alcohol abuse were used for risk adjustment based on the methods by Elixhauser *et al.*<sup>29</sup>

AP-ARF, acute pancreatitis with acute respiratory failure; AP-NOF, acute pancreatitis with no organ failure; AP-OOF, acute pancreatitis with other organ failure; ICF, intermediate care facility; SNF, skilled nursing facility.

the mortality rates decreased by 6.5% during the same period of time. This trend is consistent with the pattern of ARF in other conditions.<sup>22 30</sup> The potential explanations for the reduction in mortality rates include improvement in the management of the underlying aetiology and the ARF, with the increased use of non-invasive ventilation, and advances in critical care management.<sup>31 32</sup>

In our study, sepsis emerged as the top predictor of ARF in patients with AP with an OR of 15 (95% CI 14.7 to 15.4). Previous studies have shown that sepsis is the most common cause of ARDS, accounting for 25%–40% of the cases.<sup>33</sup> Uncontrolled systemic inflammatory response mediated by cytokines play a critical role in the pathogenesis of ARDS.<sup>34</sup> Alcohol abuse and smoking are known risk factors for ARF in AP.<sup>35 36</sup> However, in our analysis, patients with smoking

Table 2         Organ failure in acute pancreatitis				
Organ failure	Ν	Per cent (95% CI)		
None	624617	83.22 (82.89 to 83.55)		
Isolated organ failure	94760	12.63 (12.41 to 12.85)		
Acute respiratory failure	16038	2.13 (2.09 to 2.18)		
Isolated renal failure	67 283	8.97 (8.77 to 9.17)		
isolated cardiac failure	11 439	1.52 (1.49 to 1.56)		
<i>Multiple organ failure</i> (2 or more organs)	31154	4.15 (4.02 to 4.29)		

history did not have a higher risk of ARF or mortality. Although several studies have reported an association between smoking and ARF,<sup>37–39</sup> this association was not replicated in some other studies.<sup>40</sup> A recent metaanalysis of 17 studies concluded that cigarette smoking was not associated with an increased risk of ALI in critically ill patients.<sup>41</sup> One plausible explanation could be that the impact of smoking could be negligible when compared with other precipitating factors. Also, there is a potential for coding error or undercoding in the database we used for the study.

Furthermore, diabetes mellitus was associated with decreased risk of ARF and mortality in our study. This finding is similar to a prospective multicentre study in the USA, which showed that patients with diabetes had a decreased incidence of ARDS and mortality in patients with septic shock.<sup>42</sup> The explanation for this could be related to the impaired neutrophil function in the diabetics, which may protect the lung by decreasing the ability of the neutrophils to migrate into the lung and their capacity to produce oxidant damage.<sup>42</sup>

The pathophysiology of the development of ARF in AP involves increased pulmonary microvascular permeability, which results in the spilling of proteinrich transudate into the alveolar spaces that decreases lung compliance. These are the hallmarks of ALI, which manifest clinically as progressive hypoxaemia with radiological evidence of diffuse infiltrates.<sup>43</sup> Once

Table 3         Multivariate analysis for predictors of acute respiratory failure in patients with acute pancreatitis				
Factor (s)	OR	95% CI		P value
Gender: female	0.78	0.76	0.80	<0.001
Age cat				
18–35	Reference			
36–50	1.17	1.12	1.22	<0.001
51–65	1.40	1.33	1.45	< 0.001
>65	1.42	1.36	1.48	<0.001
Hospital bed size				
Small (1–49)	Reference			
Moderate (50–99)	1.15	1.11	1.19	< 0.001
Large (>100)	1.39	1.34	1.44	<0.001
Teaching status				
Rural	Reference			
Urban, non-teaching	1.61	1.55	1.68	< 0.001
Urban, teaching	1.98	1.90	2.06	< 0.001
Pancreatitis aetiology				
Biliary	Reference			
Alcohol	2.34	2.24	2.43	< 0.001
Both alcohol and biliary	1.61	1.47	1.77	< 0.001
Pancreatic pseudocyst	1.20	1.15	1.26	< 0.001
Pneumonia	3.79	3.45	4.17	< 0.001
Pleural effusion	4.03	3.88	4.18	< 0.001
Sepsis	15.04	14.68	15.41	< 0.001
Cardiogenic shock	3.24	3.11	3.37	< 0.001
Smoking	0.67	0.65	0.69	< 0.001
Obesity	1.29	1.24	1.37	< 0.001
Congestive heart failure	2.23	2.16	2.31	< 0.001
Chronic pulmonary disease	1.52	1.48	1.57	< 0.001
Diabetes mellitus	0.89	0.86	0.91	< 0.001
Chronic renal failure	1.22	1.18	1.26	< 0.001
Chronic liver disease	1.06	1.02	1.10	0.002
Cancer	1.01	0.95	1.07	0.808
Drug abuse	1.27	1.20	1.33	< 0.001

the process of decrease in lung compliance and impairment of gas exchange becomes clinically evident, the risk of progression to ARDS and, ultimately, multiple organ dysfunction syndrome (MODS) increases. Future research should focus on analysing the interplay between proinflammatory and anti-inflammatory cytokines to prevent pulmonary involvement.

The AP-ARF group had a mortality rate of 26.5%, and the presence of ARF alone increased the risk of mortality by four times. Furthermore, 55% of patients with ARF progressed to ARDS, and 66% required mechanical ventilation. Previous population-based studies have reported a mortality rate ranging from 20% to 50% in patients admitted with ALI from all causes.<sup>44 45</sup> In patients with AP, ALI is a major component of the MODS, which frequently requires mechanical ventilation and a significant cause of early death in severe AP.<sup>46</sup> The mortality in MODS increases with the number of involved organs.<sup>47</sup> In our study, we have reported that patients with MODS had a mortality rate

of 28% when compared with 0.4% in those with no OFs. In a study by Li *et al*, the presence of acute renal failure in severe AP was associated with a significant increase in hospital LOS, intensive care unit LOS, infection rate and mortality rate.<sup>48</sup> In our study, the presence of ARF in AP increased the LOS by 8 days, and the hospital charges by US\$100 000. Similarly, in a prospective study of trauma patients, patients with ALI/ARDS increased the cost by 30% and LOS by twofold.<sup>49</sup>

Some of the limitations in our study include coding errors, lack of laboratory or medication data, and possible unrecognised confounders associated with administrative databases. A significant proportion of patients in the AP-ARF cohort also had congestive cardiac failure and cardiogenic shock, which could suggest that the primary pathophysiology among these patients is pulmonary oedema from cardiac failure rather than inflammation-mediated ARF. Owing to all the above reasons, research using NIS data can never substitute a prospective randomised clinical study.

Table 4         Multivariate analysis for predictors of mortality in patients with acute respiratory failure and patients with acute pancreatitis				
Factor (s)	HR	95% CI		P value
Gender: female	0.947	0.914	0.980	0.002
Age cat				
18–35	Reference			
36–50	1.508	1.390	1.635	<0.001
51–65	2.342	2.168	2.529	< 0.001
>65	5.031	4.663	5.428	<0.001
Hospital bed size				
Small (1–49)	Reference			
Moderate (50–99)	1.089	1.027	1.155	0.004
Large (>100)	1.152	1.093	1.214	<0.001
Teaching status				
Rural	Reference			
Urban, non-teaching	0.989	0.934	1.048	0.706
Urban, teaching	1.103	1.041	1.168	0.001
Pancreatitis aetiology				
Biliary	Reference			
Alcohol	2.243	2.101	2.394	<0.001
Both alcohol and biliary	1.293	1.098	1.523	0.002
Pancreatic pseudocyst	0.622	0.572	0.677	<0.001
Pleural effusion	0.946	0.890	1.006	0.076
Sepsis	5.064	4.872	5.263	<0.001
Cardiogenic shock	2.467	2.338	2.603	<0.001
Smoking	0.666	0.627	0.708	<0.001
Obesity	0.769	0.722	0.819	<0.001
Congestive heart failure	1.378	1.315	1.444	<0.001
Chronic pulmonary disease	1.030	0.985	1.076	0.192
Diabetes mellitus	0.750	0.720	0.781	<0.001
Chronic renal failure	1.536	1.470	1.605	<0.001
Chronic liver disease	1.681	1.593	1.773	<0.001
Cancer (not pancreatic cancer)	2.801	2.616	2.999	<0.001
Drug abuse	0.853	0.775	0.939	0.001
Mechanical ventilation	14.221	13.664	14.800	< 0.001

In summary, concurrent ARF in hospitalised patients with AP occurs at a perceptible prevalence with noticeable complications. This subgroup seems to have an overall poor prognosis and more protracted clinical course compared with patients with AP-OOF. These results can be useful in allocating healthcare resources and counselling patients.

#### Author affiliations

- <sup>1</sup>Internal Medicine, Texas Tech University Health Sciences Center El Paso, Paul L Foster School of Medicine, El Paso, Texas, USA
- <sup>2</sup>Pulmonary and Critical Care Medicine, Texas Tech University Health Sciences Center El Paso, Paul L Foster School of Medicine, El Paso, Texas, USA <sup>3</sup>Gastroenterology, University of Arkansas for Medical Sciences, Little Rock,
- Arkansas, USA

<sup>4</sup>Gastroenterology, The University of Texas Health Science Center at San Antonio, San Antonio, Texas, USA

<sup>5</sup>UCSD, La Jolla, California, USA

<sup>6</sup>Internal Medicine, Memorial Hospital of Martinsville and Henry County, Martinsville, Virginia, USA

<sup>7</sup>Department of Biostatistics, Texas Tech University Health Sciences Center El Paso, Paul L Foster School of Medicine, El Paso, Texas, USA

<sup>8</sup>University of Arizona, Arizona Health Sciences Center, Tucson, Arizona, USA <sup>9</sup>Internal Medicine, Wright Center for Graduate Medical Education, Scranton, Pennsylvania, USA <sup>10</sup>Internal Medicine, Mercer University School of Medicine, Macon, Georgia, USA

**Contributors** MG: the conception of the work, data collection, data analysis, and interpretation, drafting the article, critical revision of the article. BP: the conception of the work, drafting the article and critical revision of the article. AP, CU and HG: data analysis and interpretation, critical revision of the article. VG: the conception of the work, data collection, data analysis, and interpretation, drafting the article. PR: critical revision of the article. LC: the conception of the work, data collection, data analysis, and interpretation, drafting the article. PR: critical revision of the article. PL: the conception of the work, drafting the article. PC: data analysis and interpretation. FU: drafting the article. DS and SS: the conception of the work, data interpretation, critical revision of the article.

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#### ORCID iDs

Mahesh Gajendran http://orcid.org/0000-0003-0932-4848 Abhilash Perisetti http://orcid.org/0000-0003-4074-6395 Prashanth Rawla http://orcid.org/0000-0002-4361-8498 Hemant Goyal http://orcid.org/0000-0002-9433-9042

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